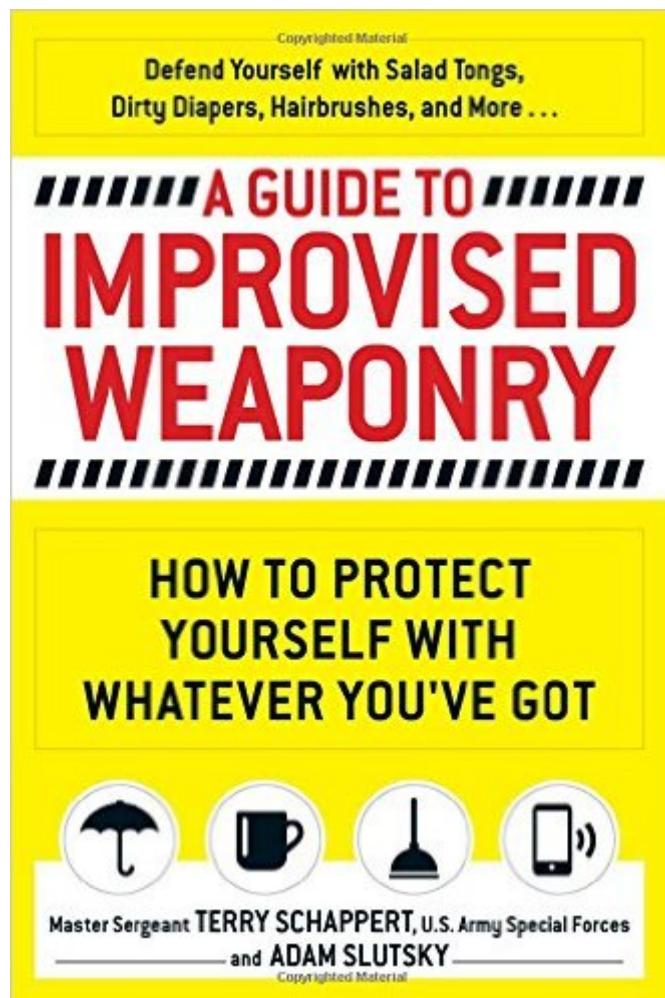


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# A Guide To Improvised Weaponry: How To Protect Yourself With WHATEVER You've Got



## Synopsis

Defend yourself with salad tongs, hairbrushes--and even a dirty diaper! A sidewalk thief tries to steal your wallet, but you are unarmed. What do you do? With *A Guide to Improvised Weaponry*, you'll know how to protect yourself--even if all you have are your car keys and a candy bar. Written by Green Beret and combat expert Terry Schappert, this book teaches you how to turn your lipstick, your wristwatch--even the shoes on your feet--into strategic self-defense tools. Traditional weapons can be expensive, dangerous, and in the blur of an attack, easily turned against you, but with his life-saving advice, you can avoid these risks and defend yourself by deploying the hidden tactical uses of 100 ordinary items. Whether you're out grocery shopping, riding in an elevator, or enjoying a stroll through the park, *A Guide to Improvised Weaponry* shows you how to control your environment and become your own bodyguard--ready and able to act when you need to.

## Book Information

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## Customer Reviews

After reading a few entries, I had to make sure this wasn't written by Dave Barry. Remove the bristles from your toothbrush and blow them in the assailant's eyes, blinding him? Got a rubber band? Shoot him in the eye with it. Wet the end of a towel, twist the end and pop it at his eye. I think the outrageous outnumbers the practical.

I was expecting a book on how to make weapons that are actually useful. The book tells you a scenario and what you can do with the suggested weapon. The one for the book of matches is hilarious. "Try the single match technique, lighting and throwing one match a time. Maybe you'll get

lucky and burn one of your attackers eyes or, if your really lucky, the match match will ignite your phones clothing" imagine you are the mugger and a guy pulls out some matches and repeatedly lights them and tosses them on you. This book is just a common sense guide or suggests things so stupid that it will just get you laughed at then killed.

Terrible, terrible, terrible. This might have some use if you were stranded in the backwoods or desert island but to use in an impromptu situation to defend yourself....???? One suggestion had you taping something to a pipe. Yep, I could see you telling the attacker "Hey, would you just wait there a minute while I do this?" Some interesting suggestions but not for spur of the moment, which is the impression that the book gives is its mission.

Neat. This book depicts many different scenarios as to events that may happen in a normal (?) persons day to day life and how to survive/fight you way out of them. When I first started reading it, I was very intrigued however; once you get into it, it is pretty much consistant with the fact of "common sense" and "vigilance" being key to acting in many situations. Some of the scenarios that were given as examples in the book, you would never find me in. "Prior planning" or just pure "self/surrounding awareness" is key to protecting ones self and this book does show that. For the many readers they can and would find so very useful information. I felt that the little footnotes and the end of many of the scenarios were the best part of the book. I would recommend this book as a read but, not as a hallmark to ones library. Four stars. Hope this helps.

Contains a lot of impractical, unusable recommendations that seem designed to puff up the word count.

OK, some of the ideas are a bit far-fetched, but does get you thinking.

Many of the scenarios suggested here involve attack by a homeless person. Why? I suspect homeless people themselves are far more likely to be the victims of violent assault.

This is not a "How to make any Weapon" it's for how to use any day item as a weapon. Very instructive, good for women or anybody to use at any place. One of the one's I like the most but never thought about it, is the use of "Hot Sauce". Of course you can use it as a weapon to hit them but I never thought about putting it in your mouth and spitting it at your attacker. Good info on how

to buy a couple of seconds and those seconds could just save your life. It is written very easily so teenagers just going to High School could us it on Bullies.

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